ST BOTOLPH'S C OF E PRIMARY SCHOOL

23rd September 2024

Dear Parents/Carers

Wear a Yellow Accessory Day – Thursday 10th October 2024

Our school will be joining thousands of schools across the UK in taking part in 'Hello Yellow', in support of <u>YoungMinds</u>. On Thursday 10th October, we will be helping to make World Mental Health Day a little bit brighter by holding a 'Wear a Yellow Accessory Day' and would like to give everyone the choice to wear something yellow, ie: socks, tie, hair accessory, if they wish, along with their normal full school uniform. We understand that some children may not feel happy about joining in, so please do not wear a yellow accessory if you would prefer not to.

Right now, the world is a really tough place for children and young people to grow up in. We want young people to know that they don't have to go through this alone. Things can get better.

This World Mental Health Day, we stand brighter, together.

We would like to ask parents and carers to consider donating to YoungMinds, to enable them to keep fighting for young people's mental health. This can be done online via the following link: <u>YoungMinds - Make a Donation</u>. There will also be collection buckets on the playgrounds at drop off and pick up times.

YoungMinds have resources for parents and carers who need help and advice. If you are ever concerned about a child or young person, please visit their website at <u>www.youngminds.org.uk/parent</u>.

Thank you for your support.

Kind regards

Mrs A Martin Acting Head Teacher