



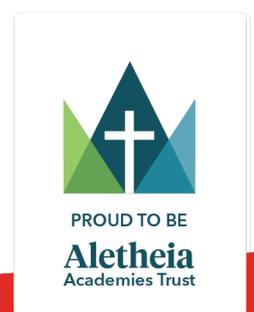
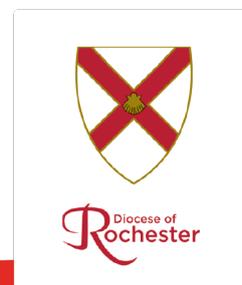
# Policy Document

St. Botolph's C of E Primary School

# Spirituality Policy

September 2025

Unique Reference Number (URN):	141579
Approved By:	SIAMS Special Committee
Policy Type:	Non-statutory
Adopted On:	September 2025
Date of Next Review:	September 2027
Review Period:	Two years





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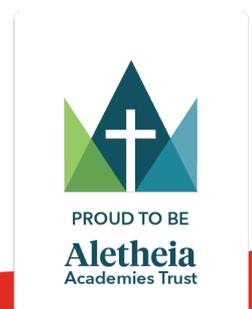
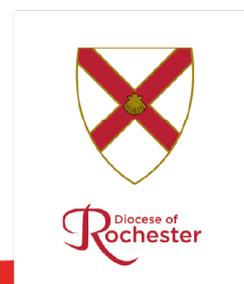
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## 1. Introduction

At St Botolph's Church of England primary school, all aspects of school life reflect a Christian ethos and this policy is based on Christian principles. We strive to expand opportunities and widen horizons for all. We aim for all children to grow to be the best they can be, this includes developing their spiritual development.

## 2. What is it?

We believe that it is very important to provide all children with a range of opportunities to help them develop spiritually. We believe that spiritual development may not be synonymous with Religious Education and Collective Worship and can be explored through many different curriculum areas.

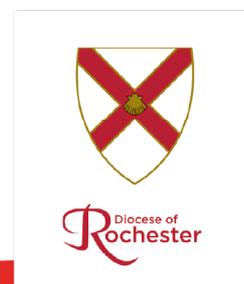
As a school we focus on the idea of 4 concepts of spirituality: self, others, world and beauty and beyond. Spirituality is developed through opportunities of unplanned and planned series of encounters (Windows) that open the possibility of reflection (Mirrors). Finally, the children are given an opportunity to put into action what they believe and value. (Doors).

## 3. Why is it important?

Modelling the example Jesus demonstrated when feeding the five thousand, we want to help every child to be the best that they can be and have a duty to support the children to achieve this; part of this responsibility is to help children develop spiritually.

## 4. What do we aim to achieve for the children?

The children become increasingly aware of the concept of **self**- the inner person and the way that this shapes an individual's perception of themselves as a unique human being. The children reflect on the relationship they have with their sense of being a unique person.

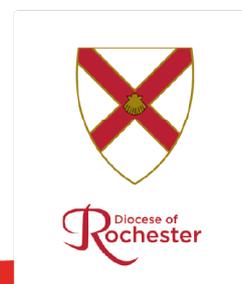




- The children become increasingly aware of the concept of **others** - a growing empathy, concern & compassion of how to treat others. The children reflect on how their values & principles affect their relationships with others.
- The children become increasingly aware of the concept of a physical and creative **world** - a growing relationship with beauty through the ability to respond emotionally to experiences of the wonder of the natural world and the results of human creativity. The children explore their understanding of beauty and the affect this has on their perception of and relationship with the world.
- The children become increasingly aware of the concept of the **beyond** - a growing relationship with the transcendental and the ability to explore experiences beyond the everyday. The children search for meaning in their very existence and their place in the greater scheme of things.
- The children develop an understanding of the beliefs and values of Christianity and other world religions. The children are respectful of the beliefs and values of others.
- The children develop an understanding of the ethos of a Church school and the content, language and symbolism of the Christian faith as a way of understanding our meaning and purpose in life.
- The children develop the ability to question.
- The children develop their ability to express their thoughts, ideas, feelings and their beliefs.

## 5. How do we do it?

- We provide and plan for a wide range of opportunities for children to develop spiritually in all areas of the curriculum. In particular through Religious Education, English, Maths, P.S.H.E, Science, Geography, Art and Music.
- We provide and plan for a wide range of opportunities for children to develop spiritually through Whole school and Class Worship. Along with the use of Spirituality boxes.





- We also promote spiritual development opportunities through our wider curriculum, for example: during our themed weeks such as 'Science Week; 'Anti-bullying week'; 'Healthy Living Week'; and through other extra-curricular activities such as Eco Club.
- We provide areas for quiet reflection in school and in the outdoor environment.
- We provide opportunities for prayer, including silence and stillness.
- When planning for spiritual development we focus on 3 areas: Windows, Mirrors and Doors.

**A) WINDOWS:** Encounter - The Learning about life.

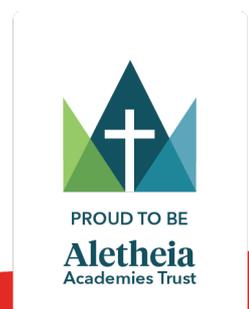
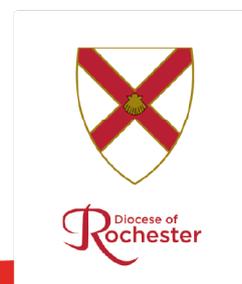
We give children to opportunities to become aware of the world in new ways, to wonder about life's 'Wows' (things that are amazing) and 'Ows' (things that bring us up short).

**B) MIRRORS:** Reflection - The learning from life.

We provide children with time for **REFLECTION**. We give children opportunities to reflect on their experiences, to look inward & consider the big questions of life. In this they are learning from life by exploring their own insights and perspectives and those of others. Give emotional and physical space.

**C) DOORS:** Transformation - The learning to live by putting into action what they believe.

We give children opportunities to respond to all of this; to **do** something creative as a means of expressing, applying and further developing their thoughts and convictions. In this they are learning to live by putting into action what they are coming to believe and value.





## 6. Aletheia Academies Trust

- Our Trust respects the the views and beliefs of others and is committed to all flourishing in our school communities through an enriched curriculum in which developing spirituality is a key element.
- Monitors the impact of our spiritual growth in our schools.
- Provides training and support for school leaders on spirituality development and all that it encompasses.
- Through Trust best practice teams school leaders are supported in their roles to deliver a flourishing school for pupils and adults.
- Promotes wellbeing and spirituality through events such as our annual Music Concert, termly sports competitions and annual storytelling festival.
- Recognises our Trust has a part to play in the spiritual growth of all in the Trust community.
- Encourages school leaders to identify opportunities for spiritual development in their school community and to share them with colleagues Trust wide.
- Supports the strategies and impact of SMSC for all children in our Trust schools through Trust Reviews and School Improvement Team partner support, ensuring vulnerable groups such as SEND and disadvantaged are provided with a range of opportunities to flourish spiritually.



Diocese of  
**Rochester**



PROUD TO BE  
**Aletheia**  
Academies Trust