

Simple porridge

 10 minutes

 2 portions

 Caution: Check for allergies.

Ingredients

- 50 g porridge oats
- 150 ml water
- 150 ml semi-skimmed milk
- selection of toppings (dried fruit, honey, seeds)

Method

- 1 Put the oats, water and milk into a pan.
- 2 Heat gently for 4 minutes. Keep stirring.
- 3 Pour into a bowl and serve with yummy toppings.

